



Complete care for prostate cancer and urological conditions.

Urology Services

Allied Health Services

Prostate Cancer Survivorship

Australian
Prostate
Centre



Together for men's health.

Medical + allied health services in one place.

Now your patients and their families have access to complete treatment and recovery care under the one roof. Located in North Melbourne, APC sits in the heart of Melbourne's medical precinct.

The Australian Prostate Centre (APC) is a not-for-profit organisation helping men with prostate cancer live longer, better quality lives. The APC was established in 2012, initially as a research facility, dedicated to advancing research into treatment and cure for prostate cancer. The clinic opened in 2014, specialising in prostate cancer treatment and survivorship care while also offering a full suite of general urology services.



Over 25,000 patients in six years.

All patients are welcome at APC; patients with health insurance and patients without. Out of pocket expenses are kept as low as possible for all patients.

APC's multidisciplinary approach to patient care means appointments can be scheduled with minimum waiting times and patients do not need to travel between different hospitals to access services.

Patients can come to APC at any stage of their condition and can be connected to leading urologists, medical oncologists, radiations oncologists, endocrinologists, psychologists, specialist nurses, pelvic floor physiotherapists and exercise physiologists.



You can refer patients at any stage of their cancer or condition.

- Prostate, bladder, and other genitourinary cancers.
- Raised PSA.
- Lower urinary tract symptoms.
- Benign Prostatic Hyperplasia.
- Incontinence and bladder dysfunction.
- Kidney stones.
- Haematuria.
- Testicular and scrotal lumps.
- Recurrent UTIs.
- Erectile dysfunction.
- Pelvic or genital pain.
- Interstitial cystitis/painful bladder syndrome.

Rapid access available for urgent referrals.

Medical and allied health services.

✓ **General urology** Comprehensive general urology services are available, including uro-oncology and functional urology. On-site procedures such as flexible cystoscopy can be performed on the same day.

✓ **Prostate and genitourinary cancer services** Team includes urological surgeons, radiation and medical oncologists, urology nurses and allied health practitioners. Specialists hold public appointments and public referrals are available for robotic surgery, radiation oncology and other treatments.

✓ **Prostate biopsy** We perform prostate biopsies on-site, using the transperineal approach under local anaesthetic.

✓ **Prostate cancer survivorship services** Complete survivorship care for men with prostate cancer, including management of treatment associated incontinence and erectile dysfunction. Team includes urology nurses, pelvic floor physiotherapists, exercise physiologists, and psychologists.

✓ **Hormone therapy clinic** Specialised multidisciplinary clinic for men with prostate cancer undergoing hormone therapy. Team includes prostate cancer GP, nurse practitioner, exercise physiologist, and endocrinologist.

✓ **Prostate cancer genomics clinic** Germline genetic testing to identify hereditary cancer genes which can impact treatment selection and qualification for clinical trials.

✓ **Endocrinology** Men's health endocrinology services available, specialising in men undergoing hormone therapy.

✓ **Continence clinic for men and women** Comprehensive assessment and management of bladder dysfunction with functional urologists, pelvic floor physiotherapists, psychologists, and urology nurses. On-site urodynamics, percutaneous tibial nerve stimulation (PTNS), and bladder instillations such as Botox.

✓ **Chronic pelvic pain clinic** Multidisciplinary assessment and treatment for male chronic pelvic pain. The team is made up of urologists, pelvic floor physiotherapists, psychologists, and nurse practitioners.

✓ **Pelvic floor physiotherapy for men and women** For incontinence, prolapse, pelvic pain and sexual dysfunction. Patients do not need to be existing patients of APC. Care plans can be used.

✓ **Exercise physiology** Exercise for oncology and chronic disease management with an on-site gym. Care plans can be used.

✓ **Psychology** Male and female psychologists available for patients diagnosed with prostate cancer and/or urological conditions.

✓ **Urology nursing** Sexual function, catheter care, continence care, urology nursing support.

Fees, wait times and medical procedures.

Billing and fees

Medicare and private health insurance rebates are available (processed at the time of the appointment), and pensioners and health care card holders may be eligible for reduced rates.

It is our policy to keep out of pocket expenses as low as possible.

Some fees may be required depending on the procedure.

Timeframes

Wait times for **urgent referrals** for both public and private urological patients is between **one to two weeks**.

Wait times for **general referrals** is between **two to four weeks**.

Shorter wait times for specialist appointments and quicker access to diagnostic procedures can lead to earlier diagnosis and treatment planning than at public hospitals.

Public patients

Urologists at APC can refer into public hospitals for access to robotic surgery, advanced laparoscopic, reconstructive and oncological surgeries and investigations.

Privately insured patients

Privately insured patients can elect to undergo operations or procedures in the private hospital system.

On-site procedures

- Flexible cystoscopy (performed on the day of the appointment).
- Urodynamics.
- Bladder instillations such as Botox.
- Transperineal prostate biopsy under local anaesthetic.

GP progress reports

GPs are kept informed and up to date with their patient's progress, investigations, diagnosis and treatment plans.



**Education
and research.**

APC is focused on advancing knowledge and best practice treatment and care for prostate cancer patients, whether it be through our clinic, education programs or local and international research collaborations.

Education

GPs. Regular seminars and workshops on the latest news in prostate cancer, general and functional urology.

Medical specialists. Hosting of the successful annual Asia-Pacific Prostate Cancer Conference.

Patients. Regular workshops on-site and on-line on managing their illness.

Research

Tissue Bank. APC houses one of the world's largest tissue banks and contribute over 60% of the advanced metastatic prostate cancer samples analysed globally.

Collaborations. APC collaborates with leading researchers from hospitals and universities around the world to find better ways to diagnose and treat prostate cancer.

Subscribe

To receive news from APC on services, specialists, GP events and other relevant GP information, please email your full name, practice details and preferred email address for communications to info@apcr.org.au

Referring your patients to APC.

Fax or email your referral to APC or call us directly for urgent referrals. If preferred, you can access the APC referral form from the APC website. The team at APC triages each referral, with **urgent referrals** generally seen between **one to two weeks**.

For any referral, treatment and billing enquiries please contact our friendly reception team.

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F (03) 9328 5803

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australianprostatecentre.org.au

Healthlink EDI austproc

Argus 707797@argus.net.au

Weblink <https://www.australianprostatecentre.org.au/patients/referrals-to-the-apc>



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