

Testing for prostate cancer.

The facts.

What is a prostate?

The prostate is a small gland in the male body that sits underneath the bladder. The prostate makes the fluid that protects and carries sperm. When the cells for the prostate develop or multiply abnormally, prostate cancer can develop. Prostate cancer can grow very slowly and remain in the prostate, never causing any symptoms or problems. However, the cancer can sometimes spread outside the prostate into nearby or distant parts of the body.

Why is early detection important?

Most of the time prostate cancer causes no symptoms, which is why getting a check is so important for early detection. In most cases, the earlier prostate cancer is detected and treated, the better the chances of a complete recovery. In fact, over 95% of men diagnosed with prostate cancer early have a

survival rate beyond 5 years, with easier recovery and less impact on their normal lives.

How is prostate cancer tested?

The prostate can be tested for cancer in a number of ways. The first step is a PSA (Prostate Specific Antigen) blood test that may be accompanied by an examination and further testing, depending on your PSA result.

Is treatment always necessary?

If your test results indicate the presence of prostate cancer, not all diagnoses will lead to treatment. Some men diagnosed with low risk cancers do not need to undergo any treatment and are put on an Active Surveillance Program to monitor the cancer. However, for men with more aggressive disease, early detection and treatment leads to better outcomes and saves lives.

Why APC?

The Australian Prostate Centre in North Melbourne is a best practice centre dedicated to the complete treatment and support of all prostate cancer patients.

Men and their families can now access specialist medical services like urology, oncology and active surveillance, plus full recovery and rehabilitation services including exercise classes and psychology, all under the one roof.

Australian Prostate Centre 

Level 8, 14-20 Blackwood Street
North Melbourne, VIC 3051
(03) 8373 7600 info@apcr.org.au
australianprostatecentre.org.au